

KEEPING IN TOUCH

Together we are all congratulating Captain Tom on his 100th birthday. We in Paignton S.N.U. Spiritualist Centre have also raised so much money over many many years in our own unique and loving way for charities. The hard work, love and energy we have always given to help these different charities close to our members hearts. Let us all draw on that strength to enable us to get through these challenging times. This is a time for coming together, helping each other to overcome these difficult times even though we are far apart.

I was very privileged to have known Clem Davies, his inspirational writing came to him later in life and has always inspired me. He definitely had the Captain Tom spirit and determination. He and his lovely wife Dorothy worked very hard for spirit and contributed so much time and love for our beautiful Paignton S.N.U. Spiritualist Centre. I want to share with you extracts taken from *The Joys of Living* by Clem.

Into our world of rush and noise;
Comes many unexpected joys,
Unannounced with sweet surprise,
To lift and make our spirits rise,
A small success in something tried,
That makes us all feel good inside,
The love of friends that means so much,
Implicit in their eyes and touch,
Little on this earth compares ,
With the knowledge that someone cares.
Don't take for granted all the love that comes your way, Give out,bring sunshine to someone else day.

The way we are living our lives, is changing so quickly. We must all try to adapt, to be tollerant, understanding and above all to draw on our beliefs and knowledge within our spiritual family where our “Brotherhood of Man” will always shine through. It may be a difficult path that we are all walking at the moment, but once we have reached that destination, we will all benefit from all the sacrifices we are making now. Please stay strong, keep in touch with each other, never give up hope and in the words of **Captain Tom - Tomorrow will be a better day.**

My love to you always
Joan