



**March & April
2019**

Contents:

Weekend Mediums	Page 2
Events	Page 3
News Page	Page 4
Father Benedict	Page 5
Help Request	Page 6



**Paignton SNU
Spiritualist Centre**

Manor Corner
Preston
Paignton
Devon
TQ3 2JB

Phone:
01803 525 933

E-Mail:
torbayspirit1@yahoo.com

NEWSLETTER

PAIGNTON SNU SPIRITUALIST CENTRE

MOTHER'S DAY SPRINGTIME EASTER

This is a beautiful time of year with many colourful flowers appearing in our gardens and parks. The days are getting longer and the sunshine leads us into the warmer weather and summer ahead. The first main school holiday at Easter brings fun for the children with the Easter Egg hunts and family outings. Many birds and animals have their young signifying new birth and seasonal sounds as life starts again. We give thanks to all our mums for all their unconditional love and hard work.

There is also Brexit and whatever the outcome, we will all have an opinion on this. Let's hope the results are fair and of benefit to us all.

We have a busy year ahead at our Spiritual Centre with visiting mediums and speakers; fund raising trips, healing weekends, workshops, Open Days and our AGM on 23 March 2019. Not forgetting our Awareness Classes which also start on Tuesday, 26th March 2019.

EVENTS IN OUR CENTRE

Our Easter Events start on Saturday, 20th April 2019 from 10am to 4pm with our Open Day including mini readings, Crystal Stall, Tombola, Easter Grand Draw, Refreshments available all day with Home-made cakes, sandwiches etc; Our Special Demonstration of Mediumship with Craig Morris 7.30 in the evening; and Easter Sunday 21st April 2019 from 11am & 6.30pm this is our Healing Divine Services to include a short address on Healing and a Meditation. We look forward to seeing you at these spiritual and healing events.

j.c.

Find us on the Web!

by visiting:
<http://www.paigntonsnuspiritualistcentre.co.uk>

A WARM WELCOME TO ALL OUR MEMBERS & VISITORS.



Saturday Coffee Mornings

A reminder those Coffee & Tea mornings with the Craft Group continues from 10.30am to 12.30pm.

A good way to catch up on the busy schedule of functions, groups, workshops, special medium demonstrations and Open Days. Dates, Times, Costs and Posters are displayed in the Kitchen Hall of our lovely CENTRE.

Not forgetting our coach trips organized by our Committee fundraisers for our members and new friends.

*

MARCH & APRIL

March 2019:

2 nd 3 rd 4 th	Geoff Hayward	Bournemouth
9 th 10 th 11 th	Charlie Kelly	Harlow
16 th & 18 th	Glenda Osborne	Torquay
17 th	Ruth Freya & David Wallace	Axminster
23 rd 24 th 25 th	Ricky Whitmore	Paignton
30 th & 31 st	Nicky Friendship	Tiverton

April 2019:

1 st	Nicky Friendship	Tiverton
6 th & 7 th	Janette Holman	Cambourne
8 th	Marie Hines	Paignton
13 th 14 th 15 th	Darren Turner	Northampton

Our Guild has a new Leader and we are pleased to welcome

Val Chapman

GUILD - MARCH

6 th	Dawn Lodge	Paignton
13 th	Nicole Monks	
20 th	Kim King & Sybil Steadman	Paignton
27 th	Marie Hines	Paignton

GUILD - APRIL

3 rd	Glenda Osbourne	Torquay
10 th	Sonia Clatworthy	Dawlish
17 th	Joan Boydell & Students	Paignton Centre
24 th	TBA	

All of the above dates are subject to change at short notice



PHILOSOPHY

Do you remember when you first heard this word? Did you understand what it meant?

Was it Phil's Company selling sophisticated ideas or Worldly Wisdom?

Could you say it or did you think carefully before speaking it?

Was it a story of life with a beginning, a middle and an end?

Anyone can be a speaker of such thoughts and ideas. It is your own view and understanding of a subject. Knowledge, logic, wisdom, reasoning, ideology, values and principles.

You can make it emotional, give it attitude, shock the listener, move the audience and help them remember. Give them thought and insight. The power of the word is endless.

Philosophy is a huge part of spiritualism. This helps us to develop on our spiritual journey. This gives us confidence as we grow spiritually and to believe in ourselves.

We all have beliefs, knowledge and a point of view.

Listening and watching other philosophers speaking can be helpful during our development classes at our Centre.

We learn from others.

Visiting Mediums, Speakers and Mentors all give us an awareness to develop our skills in Spiritualism.

WORKSHOP WITH INTERNATIONAL MEDIUM CHARLIE KELLY

THE MECHANICS OF MEDIUMSHIP

**SATURDAY, 9TH MARCH 2019
10am to 4pm**

Cost: £20 Members & £25 Non Members

WORKSHOP & MEDITATION WITH TARETH HEALER & SPIRITUAL TEACHER

**Tareth will talk about his work
Followed by a meditation**

SATURDAY, 16TH MARCH 2019

10am to 4pm

COST: £20 Members : £25 Non-Members



Spiritual Healing

Every Week

Monday	2-4 pm
Tuesday	4-6 pm
Thursday	2-4 pm

Everyone is welcome to come along and receive Spiritual healing at the Centre. Many people find it hugely beneficial and come on a regular basis. Our healers are dedicated in providing this service, giving their time freely and selflessly to help others. Spiritual healing involves the channeling of healing energies from the Spirit world through a Spiritual healer to the patient. Healing can bring about harmony to the mind, body, Spirit and emotions of the recipient.

Healing Circle
 Fridays fortnightly
 7.30pm.
 See dates on notices in the kitchen/hall area.

THE GUILD
Wednesday Afternoons

The Guild has a new Leader and we are pleased to welcome Val Chapman who is taking over this role. Many of our members and visitors may know Val in her duties as an organist at our Sunday Services and also as a Medium/Speaker. Not forgetting her singing voice and cheerful smile as she puts everyone at ease.

The Guild will have a two month break during August & September.

Val takes over from Carol who has successfully lead the Guild for many years; a big thank you to Carol for your dedication and perseverance, you will be missed.

o.o.O.o.o

Our Centre AGM is scheduled for Saturday, 23 March 2019 at 2pm.

o.o.O.o.o

Look out for our Healing Weekend in April details to follow. Posters will be posted in our hall once details have been confirmed.

o.o.O.o.o



WORDS FROM FATHER BENEDICT

When I find myself on the island today I'm pleasantly surprised as to how lovely and warm it is. I look around to see what time of the year it is, and it's early spring, the apple trees are coming into blossom in the small wooded grove where I find myself. I see Father Benedict in the distance, and his thoughts become mine.

Conclusions about life

Everyone has to at some point come to their own conclusions about their life. It is not some kind of reward or loyalty card system, whereby you do a good turn you get a prize for it, you must never 'expect' anything as your right, you should always look at the bigger picture. Not everyone will have the same values as you, but as long as they are coming from a place of good intention, it doesn't matter how it is received by others. Beauty as they say it is in the eye of the beholder, meaning everyone will have their own interpretation of each event that happens to them in their life. There is no right or no wrong, there just is.

You may feel that you have been waiting a long time for life to happen when in fact it is happening all the time, just not necessarily in the way you thought it would. Open your eyes a little wider and see the good in all people, just because they didn't act in the way you thought they should it doesn't make them wrong, only different, so instead of thinking that nothing good ever happens to you, look around and start to be grateful for all the wonderful things already in your life, and you'll find life takes on a whole new meaning. Life like the people who share yours, will come to the same conclusions, if you are not grateful for what they give to you, they will stop giving.

If you feel that someone doesn't get you, or see you, that shouldn't make any difference, because you see you and you get you, recognition is yours and it doesn't have to come in a blaze of glory. Ego is a strange thing. Like attracts like, so to fight for someone to 'see you' will mean a lifetime of fighting for and not getting, or seeing each other. The way to a peaceful life or relationship is a gentle unfolding, this is the only way to gain happiness and peace, trying to drag someone or something to you will only keep them further away from you. The universe itself knows what's best for you, so stop the struggle and let it get on with its job.

In this lifetime you will have chosen the people and events who will help you to achieve the lessons and goals you needed to learn, and once honestly recognised and accepted as such, that particular task will simply fade into the background. You will have this order of events - have the experience, see the consequence of it, realise the actions you took because of it, come to an understanding - which will either make you angry or sad, then move up a level in your truth and understanding. You will then begin to see others in your soul group/family who have had very similar experiences to you and have gained similar knowledge and wisdom to you. You must help each other to see the lessons held within, forgive everyone involved including yourself, because on the highest level of your understanding, it is no more than being an actor in a play, and who, when all come off stage is still angry with the 'bad guy'? the answer is - no one, because they accept he was just part of the play, in fact it was a courageous role to undertake. The 'bad guy' in your life/play doesn't see any wrong in his part, because he was just living his life according to his own script, the same as you were.

So always strive for knowledge and therefore wisdom by truly looking within because whatever is occurring in your life right now you will have attracted to you by virtue of your thoughts, words and actions.

Thank you Father Benedict.

The above submitted by Anne Jenkins from Jan Tyler Bray and Father Benedict. Thank You



“If interested please contact Tina on 07868154988 for details or leave your contact details in the locked letter box on the wall in

Demonstration Hall at the Centre.

Full training and support will be given.

If you have been looking for a way to serve Spirit

here’s a chance.

Come and join our team!”